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Creating Wealth

Attracting What We Want

By Tal Sendrowitz Shai

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My favorite quote is: "I'll see it when I believe it". Over the years my mind has challenged this perspective on life, doubted it and even dismissed it at times when I most needed to heed it's message. It negates the cultural belief system I grew up in - a belief system which, in a nutshell, suggests that we, as human beings, are at the affect of what is happening in the world around us and that we have little or no control over our life experience. I call this the victim mentality.

Over a decade has passed wherein I have challenged the accuracy of the belief system I grew up with. I have experimented within the lab of my own life and concluded, within the scope of my own observations and experience, that I am not a victim of circumstance, that my life experiences are not random, and that my state of mind is greatly responsible for shaping my life experiences.

A few years ago, while still a graduate student trying to juggle many financial obligations, I was unable to pay for one of my graduate courses upfront. Skipping a course and postponing my graduation date was, in my mind, not an option but this still left me clueless as to how I would pay for my course that month.

At that point in my life I had at my disposal a large 'toolbox' of methods to support me in shifting my current reality - my current life experience. One of the tools in my

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precious toolbox included the use of "Positive Declarations", a method highly effective in training my mind to hold a crystal clear focus of whatever it is I wanted to bring into my life experience. Although I had experienced 'miraculous' results in the past by implementing this tool, I did not consistently use it as I still harbored leftover beliefs that deemed this method "a load of hogwash" and the results I experienced by applying it (consistently I might add), a mere fluke!

Luckily for me, I was so desperate to create enough money to continue my coursework that I was willing to apply the methods I had learned once again. And so, with all the enthusiasm I could muster, I went about typing positive declarations at my computer: "I have more money than I'll ever need or desire; Money, money, money is coming to me from everywhere; My tuition is easily and gracefully paid for."

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I printed three copies of my positive declarations, decorated each copy to make my 'declaration boards' more aesthetically appealing to me, and drove to Kinkos to have them laminated. I proceeded to place one board in my shower, another on my bathroom mirror and the last by my computer. These were places I was sure to frequent daily! Every morning and night I repeated these declarations while washing away in the shower (I sang them out loud!), while brushing my teeth (silently repeating them in my mind) and while working at my computer (I took several declaration breaks).

I actually enjoyed saying them and they became a welcome ritual in my daily routine! After a mere three days, I found myself wholeheartedly immersed in the process, inspired by the sense of abundance and flow my positive declarations were instilling in me. I completely let go of the results and the reason I introduced the declarations into my routine in the first place! I was feeling great and that was that!

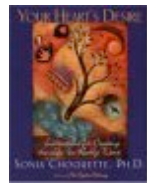
About two weeks into this process, I received a phone call from the University where I was pursuing my masters degree in Counseling Psychology. The voice on the other end told me that she had good news. I was caught completely off guard when she informed me that an anonymous donor wanted to pay the tuition for a course of my choice. I had no idea that was even an option at my

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graduate school, especially during the middle of a school year. Besides, how was my name chosen? Who even knew about my situation - I had shared it with nobody! My desire was fulfilled so precisely that it really caught my attention this time! As I put down the receiver, my eyes welled with tears of gratitude and humility. At that moment, I felt so connected to something sacred, to something much bigger than myself, to an invisible field of support, love and abundance ...it was all so real and palpable to me! My desire was delivered to me and a sense of deep gratitude permeated every cell of my being as I walked around in sheer bliss during the days that followed.

Quantum physicists refer to the "invisible field of support" I experienced as a 'quantum field'. At the risk of oversimplifying this complex theory, this field consists of a myriad of potential possibilities which can be "collapsed" into physical matter by the focused intent - by the focused thoughts, of the observer. The movie "What the Bleep do We Know", beautifully brings this seemingly complex concept to life. However, as fascinating as this theory sounds, it simply remains a theory, if one has no personal or direct experience of its workings!

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Yes, positive declarations work. They support you in focusing your intent and thoughts on that which your heart desires, be this harmony and love in a challenging relationship or buying the home of your dreams!

You are responsible for filling in your wish list. The 'quantum field' is responsible for delivering it to you. You are responsible for envisioning and declaring your wish list as already done. The 'quantum field' is responsible for figuring out how to deliver your wish list to you.

Positive declarations are to be written in the present tense. Write them as if you are already living that which you desire. If you desire a new home, do not declare that you 'want' a beautiful home because you do not want to bring forth the experience of 'wanting'. Do not specify particular strategies or 'the how' of fulfilling your dream, as you want to leave the 'how' to the quantum field of infinite potentiality. This field may deliver to you opportunities and solutions that are beyond what your mind could ever conceive.

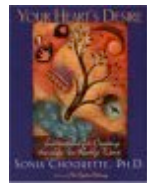
Declare yourself already having, living and experiencing that which you most desire. Engage all your senses when you say your declarations. Smell the scent of the roses growing on the front lawn of your desired home; feel yourself bathing in your deluxe Jacuzzi; sense the joy you experience while watching beautiful sunsets from your

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bedroom window. Have fun and let your imagination soar. After all, why would you want to experience anything less in your own fantasy!

After you have done all that, let go, detach and be grateful for what you already have! Detach from specific timelines and know that all you desire, in alignment with your highest good, will show up in the perfect timing for you! Know that your wish list is being fulfilled and expect to joyfully receive all that you asked for!

To conclude, I urge you not to believe a word I say or buy into any theories. I urge you to be inspired by my own experience and use positive declarations in your own life. Become a scientist in your own lab - experiment with your life and observe your results! Happy Manifesting!

Tal Sendrowitz Shai, MA (Counseling Psychology with emphasis in Spiritual Psychology) is the creator of the Intuition Heart Cards, an interactive tool designed to support groups and individuals access their inner guidance - www.talshai.com Tal is also the creative force behind www.soulbrewing.com, a dynamic platform and one stop shop for accessing life-transforming tools and information. The site will be launched in December 2006.

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